

THE UMMED INTERNATIONAL SCHOOL

School Routine

w.e.f. 4th April 2023

Time	Schedule (Monday-Saturday)
5.30 am	Rising Bell
5.55 am	Fall –in Bell
6.05-6.50 am	Morning PT / Yoga / Games / Nature Walk
6.50-7.00 am	Morning Milk, Biscuits & Tea (Staff)
7.00-7.40 am	Walk Back / Change for School / Classes
7.45 am	Buses arrive
7.45-8.05 am	Breakfast for Boarders, Day Boarders & Staff
8.10-8.25 am	Short Assembly
8.25-9.05 am	1 st Period
9.05-9.45 am	2 nd Period
9.45-10.25 am	3 rd Period
10.25-11.05 am	4 th Period
11.05-11.20 am	Fruit Break
11.20-12.00 noon	5 th Period
12.00-12.40 pm	6 th Period
12.40-1.20 pm	7 th Period
1.25 pm	Buses Depart (for Nursery to II & all day scholars)
1.20-1.25 pm	Walk to Mess
1.25-1.55 pm	Lunch
1.55-2.05 pm	Walk to the Boarding House, Change for Games
2.10 – 3.00 pm	8 th Period (Day boarders & boarders)
3.00-3.45 pm	Activity Period (Communication/Robotics/Music/Dance/Art & Craft & Personality Development Classes)
3.45-4.35 pm	Evening Games
4.35-4.40 pm	Evening Refreshment
4.45 pm	Day Boarders Leave
4.45-5.15 pm	Extra Games for Boarders/Astachal
5.15-5.30 pm	Evening Snacks for Boarders
5.30-6.10 pm	Bath and Change for Dinner
6.10-6.15 pm	House wise Inspection roll call
6.15-7.30 pm	Prep- I
7.30-8.00 pm	Dinner
8.00-8.20 pm	Evening walk
8.20-8.30 pm	House wise roll call
8.30-9.00 pm	Prep II (Recreation Activities/ Leisure Activities/ Interactive session with the House Staff/ TV Time)
9.00-9.15 pm	Night Milk/ Night Inspection
9.15-10.00 pm	Self Study
10.00 pm	Lights Out

Note:

- **For Boarders: No movement outside the Boarding House after the Roll Call.**

THE UMMED INTERNATIONAL SCHOOL
School Routine (Sunday/Holiday)
w.e.f. 4th Apr 23

Time	Schedule (Sunday / Holiday) (For Boarders)
7.00 am	Rising Bell
7.30-7.45 am	Morning Milk
7.45-8.50 am	Bath, Room arrangement & Cupboard Checking
8.50-9.00 am	Roll Call & Room Wise Inspection
9.00-9.20 am	Breakfast
9.30-11.00 am	Prep I
11.00-11.30 am	Refreshment
11.30-12.00 noon	Phone Calls-1 Batch
12.00-1.00 pm	Letter Writing, Skill Activities (Spoken English//Public Speaking & Group discussion)
1.15-1.45 pm	Lunch
1.45-2.00 pm	House Wise Roll Call
2.00-2.30 pm	Phone calls- 2 Batch
2.30 – 4.00 pm	Rest Hour / Reading
4.00 – 5.15 pm	Evening Games
5.15 – 5.30 pm	Evening Refreshment
5.30 – 6.00 pm	Bath and Change for Prep
6.00 -7.30 pm	Recreation activities/movie
7.30 – 8.00 pm	Dinner
8.00 – 8.10 pm	House wise Roll Call
8.10 – 9.00 pm	Recreational Activities/movie
9.00 – 9.15 pm	Night Milk
9.30 – pm	Lights out

Note:

For Boarders: No movement outside the Boarding House after the Roll Call.